

# **Byron Area High School / Middle School**

**Lunch Menu August - December 2021** 

**MONDAY TUESDAY** WEDNESDAY **THURSDAY FRIDAY** Weeks of: 8/19, 8/30, 9/13, 9/27, 10/11, 10/25, 11/8, 11/22, 12/6 Lunch Menu 1 **SERVING LINE Beef Gravy Taco Soft Shell** Chicken Alfredo **Beef & Noodles** Sweet/Sour French Bread **Mashed Potato Beef or Chicken** Pepperoni Pizza Chicken Pepperoni Pizza Quesadilla Pizza Pizza **Broccoli** Rice **Carrots Doritos** California Blend Roll **Cheese Pizza** Roll Vegetables Prince Charles **Breadstick** Vegetables Roll **SERVING LINE Grab N Go** Grab N Go **Grab N Go** Grab N Go **Grab N Go Chicken Patty Chicken Nuggets** Chicken Twister Hamburger **Grilled Cheese Pulled Pork** Spicy Chicken **Chicken Fillet** Spicy Popcorn Calzone **Cheese Bosco** Pepperoni Bosco Cheese Bosco **Cheese Bosco** Chicken PB&J PB&J PB&J Pepperoni Bosco Goldfish Cracker PB&J PB&J **Deli Salad Deli Salad Deli Salad** Deli Salad **Deli Salad** Lunch Menu 2 Weeks of: 8/23, 9/7, 9/20, 10/4, 10/18, 11/1, 11/15, 11/29, 12/13 **SERVING LINE** Rurrito Mac & Cheese **Turkey Gravy** Stir Fry Lasagna **Mashed Potato** Beef or Chicken **Beef or Chicken Cheese Pizza** Pepperoni Pizza Pepperoni Pizza Quesadilla Pizza **Green Beans** Peas & Carrots Rice **Breadstick** Corn Mexican Rice Stir Fry Vegetable Roll **Refried Beans Personal Pizza Doritos SERVING LINE Grab N Go Grab N Go** Grab N Go **Grab N Go** Grab N Go **Chicken Tenders** Hamburger **Chicken Fillet** Sloppy Joe Fish Sandwich Meatball Sub Mini Calzone **Chicken Nuggets** Spicy Chicken **Popcorn Cheese Bosco** Pepperoni Bosco **Cheese Bosco** Pepperoni Bosco Chicken PB&J PB&J PB&J PB&J Cheese Bosco **Delis Salad Deli Salad Deli Salad Deli Salad Cheez-It Cracker** PR&.I **Deli Salad** Romaine Romaine Romaine Romaine Romaine Sides **Tomatoes Tomatoes/Onions Tomatoes Tomatoes Tomatoes** You must Cucumbers Cucumbers Cucumbers Cucumbers Cucumbers take 1/2 cup Carrots Carrots/Celery **Peppers Peppers Carrots** fruit and 1/2 cup of Onion/Pickle **Broccoli Black Beans Black Beans** Celery vegetable Celery Apples/Oranges **Apples Broccoli Apples** to receive a free Apples/Oranges **Grapes/Oranges** Applesauce **Oranges Oranges** complete Pears/Grapes **Pear Cups Bananas Bananas Peach Cups** Milk Choice Milk Choice Milk Choice Milk Choice Milk Choice

# ENJOY YOUR LUNCH!

All COMPLETE meals are FREE for students

### OFFER vs SERVE

In an effort to reduce food waste, students may choose 3 of the 5 meal components, one of which must be 1 cup of a fruit or vegetable to receive free complete meal.

# MILK OFFERINGS

All flavored varieties of milk are fat-free. These may include chocolate and strawberry. White milk offered is 1% fat.

## **SNACKS**

We offer a variety of a la carte snack and drink items in our cafeteria which are available for purchase.

Menu is subject to change without notice.

Menus may contain products that may cause allergic reactions.

The USDA is an equal opportunity provider and employer.